"The Knowledge" FOR MECHANICS MAJOR

The equation for F_{max} in terms of the coefficient of friction
The meaning of a couple
The definition of Work Done
The Work-Energy Principle (WEP)
The two definitions of Power
The definition of Impulse
The Principle of Impulse
The definition of the coefficient of restitution, its bounds, and the significance of it attaining these bounds
The centre of mass $(\overline{x}, \overline{y})$ of a uniform lamina
The x-coordinate of the centre of mass of a uniform solid of revolution rotated about the x -axis
The relationship between tangential velocity and angular velocity
The relationship between tangential acceleration and angular acceleration
Two expressions for centripetal acceleration given circular motion

Three different ways of expressing acceleration as a derivative
Tension in a string or spring in terms of stiffness or modulus of elasticity
Elastic potential energy in terms of stiffness or modulus of elasticity
How to find the bounding parabola of a projectile
The differential equation for simple harmonic motion and general solutions
Given simple harmonic motion, the expression for the time period and frequency of oscillations
Given simple harmonic motion, the relationship between velocity and displacement
Given simple harmonic motion, the maximum velocity and maximum acceleration, and where the occur
The (approximate) differential equation for a pendulum given a small angular displacement